

**Your Logo
or Image Here**

Your Business Name / Your Name – Personal Training

Personal Training Services & Pricing

Individual Training Sessions

Single Session of \$
Package of Sessions: \$
Package of Sessions: \$

Group Training Sessions

Single Session of \$ per person
Package of Sessions: \$ per person
Package of Sessions: \$ per person

Essential Wellness Plan

Tier 1 \$

Enhanced Fitness Plan

Tier 2 \$

Elite Performance Plan

Tier 3 \$

Specialized Training Programs

\$
\$
\$

Specialized Training Programs

Monthly Subscription: \$
Custom Workout Plan: \$
Nutrition Coaching: \$

Additional Services

\$
\$
\$

Promotional Offers

Contact Information

